October 12th 2020 Hilliard Davidson Boys Cross Country Report

Midwest Meet of Champions 43 degrees with a dew point 40. Cool.

Name 1M 2M 5K Place Speed PR Improve

1. Connor Ackley-10 4:56 10:06 15:54 2 175-182-185-174 14:59 +55

2. Nick Puhl-11 4:56 10:06 15:55 3 167-170-176-174 15:27 +28

3. Brody Boyd-9 5:06 10:30 16:26 10 148-156 -160-163 16:08 +11

4. Noah Pease-12 5:04 10:30 16:26 11 153-159-162-163 16:15 +18

5. RJ Sagrilla-12 5:09 10:30 16:32 14 138-158 -146-161 16:24 +8

6. Nate Gilbert-12 5:06 10:30 16:36 17 153-153 -144-160 16:36 -3

7. Alex Hudson-11 5:09 10:43 17:01 28 146-146-153-152 16:36 +25

8. Alexander Kafka-10 5:18 10:57 17:08 33 137-148 -155-149 16:29 +39

9. Adam Alsko-12 5:27 11:02 17:19 40 x - 142-145-146 16:58 +21

10. Aaron Egolf-10 5:21 11:04 17:22 O-1 137-142 -140-145 17:11 +2

11. Zach Whitney-11 5:27 11:11 17:34 49 131-133-141-141 17:11 +23

12. Jay Chung-12 5:24 11:04 17:39 O-2 132-139-133-139 17:19 +20

13. Henry Byrne-12 5:28 11:15 17:43 O-3 130-137 -133-138 17:27 +16

14. Ryan Clark-10 5:22 11:15 17:48 O-5 130-133-136-137 17:28 +20

15. Jackson Wickham-10 5:32 11:28 18:07 O-11 18:07 -5

16. Toby Banks-10 5:36 11:35 18:30 O-19 18:02 +28

17. Brady Whiteside-11 5:25 11:33 18:37 O-23 xxxxxxx 134 17:33 +64

18. Archith Yogith-10 5:43 11:40 18:45 O-28 18:22 +23

19. Tyler Schmidt-12 5:48 11:42 18:46 O-29 18:38 +8

20. Colin Schleappi-12 5:55 12:14 19:12 O-37 19:12 -26

21. Brayden Kulesza-12 5:54 12:16 19:16 O-40 19:16 -29

22. AJ Hoying-12 6:07 12:28 19:31 O-50 18:55 +36

23. Nathan Hand-11 5:55 12:32 19:41 O-55 18:53 +48

24. Carter Davis-10 5:56 12:44 20:04 O-69 20:04 -7

25. Zach DeSilva-10 6:02 12:48 20:15 O-71 19:39 +36

26. Ryan Zmuda-11 6:23 13:13 20:49 O-79 20:20 +29

27. Luke Banyots-9 6:56 14:30 22:58 O-93 22:58 -27

28. Owen Schnipke-10 DNR 18:27

**Midwest Meet of Champions Recap:** With Connor Ackley-10 having a tender leg, Davidson decided to have Connor Ackley-10 run with Nick Puhl-11. The duo ran strong and finished in 2nd and 3rd place in 15:54 & 15:55. Next for Davidson was a nice pack of four runners moving through the 2 mile in 10:30. Brody Boyd-9 and Noah Pease-12 crossed the line together in 16:26 for 10th and 11th place. Next was RJ Sagrilla-12 in 16:32 for 14th place followed closely by Nate Gilbert-12 in 17th place at 17:36. I have been stressing the need for someone to close the gap on Nick Puhl or the whole group move up. Today we made about a 12 second improvement here. I need this gap to keep closing and I know the next few weeks we will do just that.

Puhl-- # 3 #4 #5

Central Ohio 15:47-16:20= 33 sec 16:24= 37 sec 16:29= 42 sec

Celtic Clash 15:27-16:08= 41 sec 16:15= 48 sec 16:29= 62 sec

Midwest 15:55-16:26= 31 sec 16:26= 31 sec 16:32= 37 sec Best showing

If we don’t have a 3rd man move up, we have to really work the pack concept. We will continue to move up in the field, so understand the importance of our main workouts each week. Congrats to Aaron Egolf-10 in winning the Open race and earning the SCHLECHT AWARD for getting the job done.

**Davidson Stats:** Champions 10 Teams 16:15 average

**Record:** 9 Wins 0 Lost **Total Record** 48 Wins 1 Lost

**Split:**15:54 to 16:32 = :38 **Score:** 2, 3, 10, 11, 14 = 40 points

**Scores: 1. Hilliard Davidson-40** 2. Lancaster-83 3. New Albany-93 4. Thomas-112

**OCC Schedule**-See parent email for spectator information

10:15 AM Bus Leaves

12:30 PM Boys Varsity

1:30 PM Boys Open

**OCC Varsity:**Connor Ackley-10, Nick Puhl-11, Noah Pease-12, Brody Boyd-9, Nate Gilbert-12, RJ Sagrilla-12, Alexander Kafka-10, Alex Hudson-11, Adam Alsko-12, Aaron Egolf-10

**Travel Team:**I want to keep 17 runners to keep training. I need 17 very focused runners to see this process through. Attitude and focus are a must. I am still working on a district race of some sort for the Travel Team.

**2020 Hilliard Davidson Boys Cross Country Schedule**

* October 17th Saturday OCC @ Westerville North
* October 24th Saturday District @ Hilliard Darby
* October 31st Saturday Regional @ Pickerington North
* November 7th Saturday State @ Obetz